



Certificate of Completion

It is our pleasure to confirm that

ALISON I CHRISTIE

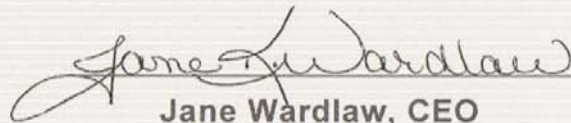
has successfully completed the required 14 hours of training in

Connective Tissue Release II

The Hugh Gilbert Method™

as developed by KCR Founder Hugh Gilbert

Kilbirnie, Scotland ~ November 7 & 8, 2020


Jane Wardlaw, CEO


Alex Bairstow, Certified Instructor

This does not grant authority to teach any aspect of Kinetic Chain Release in any form.

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